Healthy housing is affordable, safe, and supportive

A healthy home is one where the physical, mental, and socioeconomic environment supports the well-being of household members. It is free from hazards like pests or structural deficiencies. It does not impose a cost burden, ensuring household income can be spent on other needs such as food and healthcare.

It should be possible for every Shoreline resident to live in a healthy home.

Healthy housing is critical to well-being

Research shows that affordable, healthy homes are positively correlated to physical and psychological well being.

- Poor housing quality is the most consistent and strongest predictor of emotional and behavioral problems in children and youth
- Households who spend less on housing are less likely to experience residential instability, which is associated with reduced mental and physical health outcomes
- Residential exposures are major contributing factors to serious illnesses
Impacts of healthy housing barriers in Shoreline

HUD’s defined housing problems include overcrowding, inadequate plumbing, inadequate kitchen facilities, and cost-burden. The National Healthy Housing Standard (NHH) builds on these to include structural integrity, safety & security, heating & energy, moisture, waste, pest management and chemical agents.

4.3 million
Days of lost productivity due to asthma in Washington adults (adults 11-75 years old)

40%
% of childhood asthma cases are attributable to residential exposures

$2,584
Annual expenses for asthma related treatments per household

8 in 10
4 in 10 households in Shoreline are cost burdened

Nearly 557
Shoreline households are overcrowded

44
Over-crowding is linked to higher rates of infectious disease transmission

$5,600
1 year of medical & special education for a seriously lead-poisoned child

218
Shoreline households have inadequate kitchen or plumbing facilities

74%
of Shoreline households have a risk of lead exposure

Lead at any level has toxic effects on the nervous system and cognitive development, especially in children.

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